

## Once Upon A Frame's gallery to host solo show event Dec. 2

Once Upon A Frame's gallery in Solana Beach is presenting a solo show, "On the Trail of Der Blaue Reiter", featuring paintings by Dagmar Galleithner-Steiner. The event will be held Friday, Dec. 2, from 5 p.m.- 9 p.m. and will include live music.

Buried within the simple compositions and limited color palette of Galleithner-Steiner's oil landscapes is a journey away from and back to her artistic and historic roots in Germany, according to a news release. A native of Huglfing, Galleithner-Steiner moved to the United States in 2013 and found artistic success with her hyper-realist portraits of dogs and horses, including a commission to paint the official portrait of several of the Del Mar Thoroughbred Club's Pacific Classic winners. In 2018, facing burnout, she pivoted to training as a health coach and yoga instructor and in that process found herself returning to the artistic style and the underlying philosophy of her youth: the Blue Rider (Der Blaue Reiter) movement.

A form of Expressionism that emerged in the early 20th century, Der Blaue Reiter emphasized the emotionally transformative power of color and abstract form in art, a response to the alienation artists felt in a rapidly modernizing world. For Galleithner-Steiner, the movement from hyper realism to Expressionism was also a kind of freedom, a transition from a very cerebral to an emotionally driven artistic process. "It has taken me years to feel ready to take this step toward free expression," she said in the news release, which in Galleithner-Steiner's case meant stepping away from an intense focus on technical detail and toward bright hues and suggestive shapes that create joyful harmony on the canvas and in the viewer.

Bring the kids and pets, enjoy wine and cheese, and enjoy Galleithner-Steiner's paintings, framed by Once Upon A Frame for her solo show.

Visit [www.dagmargalleithner.com/collections/138425](http://www.dagmargalleithner.com/collections/138425) and [onceuponafame.com](http://onceuponafame.com) for more information. OUAFA Gallery at Once Upon A Frame is located at 132 E. Cliff St., Solana Beach.



New Point Loma Lighthouse, 2022 by Dagmar Galleithner-Steiner

COURTESY

## Rady Children's Hospital kicks off 'Light the Way' campaign with opening of ice rink

The holiday season is here, and Rady Children's Hospital-San Diego, one of the national leaders in pediatric health care, is celebrating with Light the Way, its annual fundraising campaign that supports San Diego kids spending their holidays at the hospital.

"Light the Way ensures that children on the mend have a holiday season to look forward to, presents on holidays, milestones throughout the season, festive holiday decorations, and support for parents," said Alexandra Loker, vice president of philanthropy at Rady Children's, in a news release. "We are thrilled to kick off the season with the Rady Children's Ice Rink at Liberty Station."

The Rady Children's Ice Rink, now in its 26th season, is located in the Central Promenade at ARTS DISTRICT Liberty Station. It opened on Nov. 17 and runs until Jan. 8, 2023. Last season, more than 47,000 visitors laced up their skates and helped raise funds for the Peckham Center for Cancer and Blood Disorders at Rady Children's Hospital.

"We are thrilled to continue our partnership with Rady Children's and welcome the ice rink back to ARTS

DISTRICT Liberty Station for its 8th year," said Lisa Johnson, president, and CEO of NTC Foundation. "The ice rink is something we look forward to every year, and its return kicks off the holiday season by bringing the community together for some holiday cheer while also helping San Diego families dealing with childhood cancer."

Thanks to community support and local sponsors, more than \$2 million has been raised from the Ice Rink in the past 25 years. The rink is open seven days a week from 10 a.m. to 10 p.m. (excluding Thanksgiving and Christmas Day).

"Philanthropic support allows us to bring joy and light to kids in our community in a way that's unique to San Diego," said Stephen Jennings, senior vice president and chief external affairs officer, and executive director of Rady Children's Hospital Foundation, in the news release. "We are a non-profit organization that relies on donations to support our mission. With your help, we're going above and beyond during the holidays to make the season magical for children at Rady Children's."

Other Light the Way events include the iHeart Rady Children's Giveathon. For two days, on Dec. 7 and 8, on eight iHeartRadio stations, current and former patients and their families will share their stories live on air and listeners will be able to donate to help the hospital continue its mission of hope and healing.

On Dec. 14, it's the annual Light the Way parade on Rady Children's main campus, put on for the hundreds of sick or injured children who are spending the holidays in the hospital. City of San Diego lifeguards, firefighters, and law enforcement personnel, parade their vehicles around the hospital while patients and their families shine flashlights from their hospital room windows.

You can also help by making a monetary donation to Rady's Holiday Book and Toy Store, a place where parents can pick out gifts for their child at no cost to them on Dec. 20.

Find all the details on Rady Children's holiday events and giving options, including year-end giving, at [www.radyfoundation.org](http://www.radyfoundation.org)

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ENVISION | PROVIDED BY SHARP HEALTHCARE

## Sharp HealthCare Envisions the Future With Historic Achievements in 2022

Each year, more than 1 million San Diegans entrust their health to Sharp HealthCare. The 25,000 people of Sharp — employees, affiliated physicians and volunteers — are dedicated to providing The Sharp Experience every day in support of Sharp's mission to improve the health of the community with a commitment to excellence in all that they do.

"Sharp HealthCare is one of the most highly recognized and awarded health care systems in the nation," says Chris Howard, President and CEO of Sharp HealthCare. "Our vision to be the best place to work, practice medicine, and receive care has resulted in honors and achievements — all focused on providing the highest quality of care to those we serve."

In 2022, Sharp continued this legacy of excellence. Sharp was named "San Diego's Best Hospital Group" in the annual San Diego Union-Tribune Readers Poll; and the American Nurses Credentialing Center (ANCC) honored Sharp Chula Vista Medical Center, Sharp Grossmont Hospital, Sharp Mary Birch Hospital for Women & Newborns, and Sharp Memorial Hospital with prestigious Magnet Recognition Program® designations for excellence in nursing practices and quality patient care.

This year, Sharp hospitals once again scored top marks in The Leapfrog Group's safety grade survey. Leapfrog is a national organization that promotes quality and safety in American health care based on 27 measures, including patient satisfaction, errors, injuries and infections.

Over the summer, the Foundations of Sharp HealthCare launched ENVISION, perhaps the most sweeping group of initiatives to enhance health care delivery in San Diego's history. Over the next decade, Sharp is investing \$2 billion in San Diego's health care future.

ENVISION is framed by four Aspirations of Excellence: To provide clinical and technical innovation; enhance knowledge and learning; create an extraordinary patient experience; and deliver world-class care to every community.

Gifts from more than 11,000 donors across San Diego are propelling Sharp HealthCare closer to its \$250 million campaign goal. The campaign reached the \$100 million milestone in October 2022. Learn more about some of the current projects underway.

• The Sharp Prebys Innovation and Education Center will open in 2023. Named in recognition of a \$5 million challenge grant from The Conrad



From left to right: Kem Graham (Sharp HealthCare Foundation), Tom Cerruti, Linda Shoaff, Darlene Marcos Shiley (Shiley Foundation) and Bill Littlejohn (Sharp HealthCare Foundation) celebrate Darlene's \$1 million gift for behavioral health, naming the Intensive Care Unit at Sharp Mesa Vista Hospital.

Prebys Foundation, this extraordinary new facility will be a hub for all Sharp innovation, furthering the health system's vision to be the best place to work, practice medicine and receive care.

• Development of the John M. Sachs Family Center for Generational Health continues. This special facility, made possible through a transformational gift by longtime Sharp benefactor Carole Sachs, will support not only the expanded Cushman Emergency and Trauma Center at Sharp Memorial Hospital, but also provide significant funding for the hospital to become one of the nation's leading centers for geriatric patient care.

• Sharp HealthCare Foundation was awarded \$900,000 from The Conrad Prebys Foundation in support of the Neonatal Research Institute (NRI) at Sharp Mary Birch. The NRI, under the direction of Dr. Anup Katheria, is one of the nation's premier institutes for improving the health of newborns through leading-edge treatments.

• In August, Sharp broke ground on the Sharp Grossmont Hospital Neurosciences Center. The state-of-the-art facility will be San Diego County's first comprehensive treatment center for patients needing advanced neurosurgical, neurological, and spine care. It will feature an inpatient progressive care unit, inpatient rehabilitation unit, 16-bed neuro-intensive care unit (ICU), and physical and occupational therapy gymnasium areas. Thanks to a matching grant of \$4 million from the Grossmont Healthcare District, all donations made to this project will be doubled up to \$4

million. The center will begin to serve all San Diegans in 2024.

• As Sharp Mesa Vista Hospital continues its efforts to address the mental health crisis in our community, philanthropist Darlene Marcos Shiley, president of the Shiley Foundation, has generously gifted \$1 million in support. This transformational gift will support the modernization of Sharp Mesa Vista's ICU.

"We are very grateful that the Shiley Foundation has chosen to partner with Sharp on such an important project," said Bill Littlejohn, senior vice president and CEO of the Foundations of Sharp HealthCare. "Darlene is one of San Diego's most prominent philanthropists, and the impact of her

giving touches the lives of countless individuals across our entire region."

• Thanks to a generous \$1 million gift, Sharp HealthCare Foundation has established the Del Corazon First-Generation Fund at the Terrence and Barbara Caster Institute for Nursing Excellence. This extraordinary donation will enable the Caster Institute to provide scholarships to nursing students who are the first in their family to attend college. The scholarships will help these students complete their training and enter the nursing field.

• Construction is underway on Sharp's fourth hospice home — the Moore MountainView Hospice Home in Poway, named for a \$1 million gift from Lori Moore, RN, and the Cushman Foundation.

• This summer, Sharp Coronado Hospital marked the first milestone in its Campaign for Emergency and Intensive Care. Donors gathered for a ribbon-cutting to celebrate the opening of the Sherrie and Ron Auen ICU.

• A new parking structure under construction at the Sharp's medical campus in Serra Mesa will bear the name of Kevin H. Cook in recognition of his generous donation of \$3.5 million to the campus' modernization project and Sharp Rees-Stealy Medical Centers. Cook's gift will help transform the next generation of care and impact the lives of countless individuals.

Thanks to the generosity of the San Diego community, Sharp is truly envisioning the future of health care. To learn more about ENVISION or to schedule an educational briefing, visit [sharp.com/envision](http://sharp.com/envision).



Opening in 2023, the state-of-the-art Sharp Prebys Innovation and Education Center will serve as the hub for innovation at Sharp and throughout San Diego.